

About Us

Grace Academy at The Oaks provides trauma-informed, holistic treatment for Texas' adjudicated and vulnerable young women in need of residential care. Through innovative program elements and a compassionate evidence-based model designed to address the individual needs of our young women, Grace Academy helps youth build meaningful futures for themselves and their communities.

Who We Serve

Grace Academy serves girls ages 13–17 who are experiencing emotional dysregulation, substance use disorders, and anger or aggression impacting their home and/or community environments.



Grace Academy @ The Oaks

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GRACE ACADEMY

Improving the Lives of Youth



Every sunrise is proof that grace gives us another chance.

Treatment & Trauma-Informed Care

Built upon a foundation of safe and caring relationships, our holistic treatment approach helps vulnerable young women identify their core needs and develop skills to overcome past trauma.

Following thorough assessment and evaluation, our staff work with the youth and her family to develop a treatment plan tailored to each young woman's individual needs. Treatment services include evidence-based curricula that help the youth understand her feelings, emotions and strengths. Through targeted interventions and compassionate, personal care, our youth develop positive self-esteem as they forge fulfilling and meaningful lives for themselves.

Family Engagement

Grace Academy strongly encourages family involvement, recognizing that positive communication with the home creates the foundation upon which our young women grow and thrive.

Families are invited to engage with their daughters and the program by partaking in treatment planning, family conferences, on-campus events, athletic competitions as well as individual and family therapy.

Grace is the space where hope begins again.

Education Services

Grace Academy partners with Brookesmith Independent School District to provide students with individualized education services that meet each young woman's unique needs. Parents and family members are engaged as active participants in their child's education and are invited to attend parent teacher conferences and onsite school events and celebrations. The year-round school provides rigorous instruction by highly qualified staff in an empowering environment that promotes and celebrates female strength and achievement.

Gender-Specific Programming

- Healthy body image promotion
- Nutrition education (including the Health Pyramid, exercise, and heart rate awareness)
- Healthy relationship education
- Wellness programs focused on Positive Youth Development
- Instruction on the 8 dimensions of wellness using the wellness wheel
- Problem-solving and conflict resolution
- Parenting
- Yoga/Zumba